

BODY TREATMENTS

SOIN HYDRALESCENCE
(SCRUB & ALGAE WRAP)
90 MINUTES \$ 145,00

PHYTOMARINE
(SLIMMING WRAP WITH ALGAE)
75 MINUTES \$ 115,00


SOIN VELOURS
(MOISTURIZING EXFOLIATION)
60 MINUTES \$ 100,00

CRANBERRY WRAP
60 MINUTES \$ 100,00

MUD OR ALGAE WRAP
60 MINUTES \$ 100,00

ENERGIZING CHOCOLATE WRAP
60 MINUTES \$ 100,00

MAPLE WRAP 
60 MINUTES \$ 100,00

MAPLE BODY SCRUB 
45 MINUTES \$ 85,00

GOMMAGE MARIN
(SEA SALT SCRUB)
30 MINUTES \$ 65,00

PRESSOTHERAPY
30 MINUTES \$ 40,00

**PARAFFIN TREATMENT
OF YOUR HANDS OR FEET**
20 MINUTES \$ 25,00

CURE OF TREATMENT
4 CARES/PERS. 10% REBATE
10 CARES/PERS. 15% REBATE



Our cares include a partial hands or scalp massage.

RELAXING & THERAPEUTIC MESSAGES

On Friday, Saturday, Sunday, Holidays, December 24th, 25th, 31th and January 1st : a \$5,00 supplement will be added to the rates.

SWEDISH MASSAGE
30 MINUTES \$ 65,00

45 MINUTES \$ 75,00

60 MINUTES \$ 90,00

75 MINUTES \$ 105,00

90 MINUTES \$ 120,00

120 MINUTES \$ 155,00

AROMALUXE MASSAGE
CHOOSE THE DURATION
AND ADD \$ 15,00

REFLEXOLOGY
60 MINUTES \$ 90,00

MAPLE MESSAGE 
CHOOSE THE DURATION
AND ADD \$ 15,00

STONE MASSAGE
60 MINUTES \$ 105,00
90 MINUTES \$ 130,00
(INCLUDING A 30 MIN.
SWEDISH BACK MASSAGE)

INSPIRATIONS MESSAGE 
60 MINUTES \$ 100,00

LYMPHATIC DRAINAGE
75 MINUTES \$ 105,00



Gift certificates available.

ESTHETICS

FACIAL TREATMENTS
OPTIMIZER
(LIFT EFFECT)
90 MINUTES \$ 130,00

VITAL INTENSE
(DEEP REGENERATING)
90 MINUTES \$ 120,00

ALPHA VITAL
(RESURFACING WITH AHA)
75 MINUTES \$ 115,00

GRAND CLASSIQUE
(DEEP PORE CLEANSING)
75 MINUTES \$ 100,00

MEN'S CARE
(CLEANSING & RELAXING)
75 MINUTES \$ 100,00

HYDRALESCENCE
(DEEP HYDRATING)
60 MINUTES \$ 100,00

PLAISIR D'ARÔMES
(AROMATIC & RELAXING)
60 MINUTES \$ 90,00

SOIN PURETÉ
(ACNE SOLUTION)
60 MINUTES \$ 90,00

ECLAT CONTOUR
(EYE TREATMENT)
45 MINUTES \$ 60,00

ESCALE BEAUTÉ
(AROMATIC BEAUTY BREAK)
45 MINUTES \$ 60,00

INTERMEZZO
(BEAUTY FLASH)
15 MINUTES \$ 45,00

FACIAL CURE
4 CARES/PERS. 15% REBATE
10 CARES/PERS. 20% REBATE

FACIAL AND BODY TREATMENTS
COCOON FACIAL 
60 MINUTES \$ 100,00

SECRET DE BEAUTÉ
120 MINUTES \$ 195,00

SELF-TAN
FLASH SOLEIL
(FACE AND BODY)
60 MINUTES \$ 100,00

BUST TREATMENT
45 MINUTES \$ 80,00

HANDS AND FEET CARES
LUXURY PEDICURE
75 MINUTES \$ 88,00

PEDICURE
60 MINUTES \$ 75,00

MANICURE
COMPLETE : 45 MINUTES \$ 52,00

NAIL POLISH APPLICATION
REGULAR \$ 5,00
FRENCH \$ 10,00

WAXING
BIKINI OR UNDER ARMS \$ 21,00
HALF LEGS OR ARMS \$ 26,00
THIGHS \$ 26,00

FULL LEGS \$ 42,00
COMPLETE BIKINI \$ 42,00/\$ 53,00

EYEBROWS \$ 16,00/\$ 21,00
UPPER LIP \$ 16,00/\$ 21,00
BACK \$ 21,00/\$ 42,00

WHAT YOU NEED TO KNOW...

All above mentioned rates do not include current sales taxes and are subject to change without prior notice. Gratuity is at the discretion of each guest. Customary rates vary from 15-25% based on service.

Arrival time : Please arrive 20 minutes prior to your appointment to fully enjoy your experience. If you arrive late the length of your treatment will be affected. A plush bathrobe, sandals and locker key will be available to you.

Cancellation policy : No penalty for cancellations or changes received at least 24 hours in advance. If you cancel within 24 hours of your appointment, 50 % of the amount of your treatment will be charged to your credit card.

All our massage therapists are accredited either by an official Association or Federation.

Receipts of massage therapy for insurance purposes are given upon request.

If you have special request or specific needs, do not hesitate to inform us when making your reservation.

If you believe you are pregnant, let us know. Some treatments might not be adequate for you.

During your visit at the Spa, you have free access to the exercise room, pool and Finnish sauna.

Remember to bring your swimsuit.

Inspirations Spa team wishes you a pleasant experience.

Half-day

FULLY ENERGETIC

Hydralescence body care
♦ Swedish massage
♦ Healthy break ♦ Pressotherapy
3 HOURS 15 MINUTES \$ 250,00

«ESSENTIAL»

Aromaluxe massage ♦ Healthy break
♦ Facial treatment « Plaisir d'arômes »
♦ Hand care paraffin treatment
2 HOURS 30 MINUTES \$ 200,00

INTENSE SOFTNESS

Soins velours body care ♦ Healthy break
♦ Swedish massage
2 HOURS 15 MINUTES \$ 170,00

ONLY FOR MEN

Energizing facial ♦ Sea salt exfoliation
♦ Healthy break
2 HOURS 15 MINUTES \$ 175,00



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